



FERNIE SKATING CLUB

Return to Skating



Introductions

COACHES

- Kathy Sutherland

- Sue Bullick

FERNIE SKATING CLUB

EXECUTIVE BOARD MEMBERS

PRESIDENT	TAMARRA PRYHITKO
VICE PRESIDENT	SHERRI MUTCHER
PAST PRESIDENT	-
TREASURER	TAMMY TEMRICK
SECRETARY	TANYA KERKHOVEN
COACH REPRESENTATIVE	KATHY SUTHERLAND
DIRECTOR (FUNDRAISING / BC GAMING)	HARMONY LLOYD
DIRECTOR (TEST CHAIR)	PAULA CHARDONNENS
DIRECTOR (REGISTRAR)	MONIQUE MATTERSDOFER
DIRECTOR	VACANT
DIRECTOR	VACANT

WELCOME

AGENDA

1. FERNIE SKATING CLUB INFORMATION
2. 2020-21 PROGRAMS
3. COVID SAFETY PLAN
4. WHAT TO EXPECT- VIDEO
4. QUESTIONS-ANSWERS

Fernie Skating Club

- Skate Canada is committed to the development of personal excellence through participation in skating. Skate Canada is dedicated to providing Canadians the opportunity to participate in skating throughout their lifetime for fun, fitness and achievement.

Coaches Hopes and Dreams...

- make this year as normal as possible
- keep team attitude strong
- just because this year is different, goals should not be different (still strive for what you want to accomplish)
- keep communication high with skaters
- be thankful we can skate again and use your ice time to the fullest

Programs till December

- Season registration is in two sessions (*September - December, January - April*)
- Communication with Coaches is key
- Coaches will have monthly Assessments and Performance days (No scheduled competitions until new year)
- Hope to have various virtual events throughout the end of the season
- Off ice sessions are being looked at by executive
- Fernie Skating Club is looking for additional ice in neighboring communities

Tentative Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior <u>StarSkate</u> <i>(Levels 5 and up)</i> 3:45 - 5:00	Junior <u>StarSkate</u> <i>(Levels 1-4)</i> 3:45 - 4:45	Senior <u>StarSkate</u> <i>(Levels 5 and up)</i> 3:45 - 4:00 Stoking 4:00 - 5:45	<u>CanSkate</u> 3:45 - 4:30	<u>SeniorSkate</u> (Sparwood) 6:30 - 8:00am		<u>CanSkate</u> 1:30 - 2:15
	Senior <u>StarSkate</u> <i>(Levels 5 and up)</i> 4:45 - 5:45		Junior <u>StarSkate</u> <i>(Levels 1-4)</i> 5:00 - 6:30			Senior <u>StarSkate</u> <i>(Levels 5 and up)</i> 2:45 - 3:15 Stoking 3:15 - 4:30

NO Drop In



COVID SAFETY PLAN



Five Principles For Every Situation

Personal Hygiene:	Stay Home if You Are Sick:	Environmental Hygiene:	Safe Social Interactions:	Physical Modifications:
<ul style="list-style-type: none">• Frequent handwashing• Cough into your sleeve• Wear a non-medical mask• No handshaking	<ul style="list-style-type: none">• Routine daily screening• Anyone with any symptoms must stay away from others• Returning travellers must self-isolate	<ul style="list-style-type: none">• More frequent cleaning• Enhance surface sanitation in high touch areas• Touch-less technology	<ul style="list-style-type: none">• Meet with small numbers of people• Maintain distance between you and people• Size of room: the bigger the better• Outdoor over indoor	<ul style="list-style-type: none">• Spacing within rooms or in transit• Room design• Plexiglass barriers• Movement of people within spaces

VIA SPORT

Clubs Preparedness

- The Fernie Skating ((FSC) will keep informed on the most up to date information, guidelines and restrictions around COVID-19 from our municipal, provincial and federal authorities, Skate Canada officials and our ice facility. We will amend/update our policies and procedures as needed to protect the safety of our members, coaches and families during the COVID-19 pandemic.
- The program sessions must always comply with the physical distancing, cleaning and sanitizing measures and recommendations issued by federal, provincial and municipal government authorities, including the arrival, time spent on site and departure of skaters.
- Our Return to Skate Plan will be communicated to all skaters, coaches, volunteers and parents ahead of time and will include the physical distancing requirements and personal hygiene measures to be followed by All. The Return to Skate Plan will be posted on the FSC website and at the facility.

Clubs Preparedness

- Signage will be posted throughout the facility to remind participants of the requirements for physical distancing and personal hygiene measures and to communicate advisories for vulnerable populations.
- Clear boundary markings will be made and signage posted for skaters and coaches as follows:
 - Where to line up outside the arena.
 - One-way flow of traffic throughout the arena.
 - Where to put skates on.
 - Where to wait prior to going on the ice.
 - Where on the boards to put their personal equipment (guards, water bottles etc...)



Legend

- Entry/Exit Doors A Staging Area
- Entry/Exit Doors B Staging Area
- Designated Seating A
- Designated Seating B
- Emergency Assembly
- First Aid
- Defibrillator
- Emergency Eye Wash
- No Entry

Information for Skaters

- Must have a signed waiver form on file. NO FORM NO GO
- Must follow all outlined expectations and safety precautions or will be asked to leave
- Don't come if sick, or have travelled outside Canada
- Come dressed with only skates to be put on
- Bring only what you need- water bottle, skate guards, gloves/headband, shoes
- No food or drink except water bottle; water fountains closed. No sharing.
- Social Distance- 2 meters apart
- You must wear a mask into the arena and then keep on until you are on the ice. Place in designated area with your personal supplies
- Sanitize hands before/after the session

Information for Skaters

- Session screening including temperature will be done before entering the arena
- Arrive on time; leave right away
- Stay in your designated area when getting ready in the arena
- Avoid touching anything other than yourself and your equipment
- Bathrooms are open but discouraged to be used
- Moving at all times on the ice
- Bring clean skating gloves, skate guards, water bottles, mask to each session



QUESTIONS FROM SKATERS??

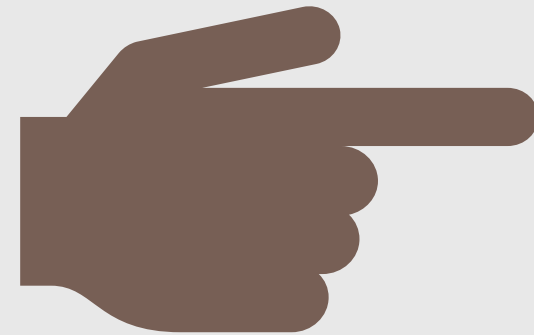
Information for Parents

- Skater must be registered before coming to session
- Online payment only
- Must follow rules or will be asked to leave
- No one allowed if:
 - They have fever, cough, difficulty breathing, or other symptoms identified by health experts as symptoms of COVID 19.
 - If skater or someone in skater household has been in contact with someone with COVID-19 in the last 14 days.
 - If skater or someone in skater household has travelled outside of Canada in the last 14 days.
 - It is highly recommended that if skater is vulnerable or at risk they should consider not participating

Information for Parents

- All coaches, skaters, volunteers will be screened prior to every session
- One parent/guardian is permitted inside
- The club is encouraging skaters that can tie their skates to enter the arena solo
- Area A/B - 25 patrons , On Ice - 18 skaters, Bleachers (*parents are discouraged to watch*) - 18 patrons
- Drop off and pick up must be prompt
- Must leave your contact info for contact tracing
- Boards, door handles, benches will be cleaned frequently by facility
- If equipment , teaching aids, props are used they will be cleaned before and after each skater

VOLUNTEERS NEEDED



Each session will require a volunteer to do:

- * Screening & temperature taking
- * Record contact tracing information
- * Ensure social distancing
- * Guide users (skaters/ parents)

Sign up

fernieskating@gmail.com



QUESTIONS?

Resources

- Skate Canada COVID-19 Response:
<https://skatecanada.ca/covid-19-response/>
- Skate Canada BC/YK COVID-19:
<https://www.skatinginbc.com/news/skate-canadabcyk-covid-19-information>
- Government of BC COVID-19:
<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-responsererecovery/covid-19-provincial-support>
- BC COVID-19 Self-Assessment Tool:
<https://bc.thrive.health/covid19/en>
- BC Cleaning and Disinfectant for Public Settings:
http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf
- Work Safe BC COVID-19 Safety Plan
<https://www.worksafebc.com/en/resources/health-safety/checklist/covid-19-safetyplan?lang=en>
- Preventing exposure to COVID-19 in the workplace: a guide that employers may use to assess the risks and controls in their workplace.
<https://www.worksafebc.com/en/resources/about-us/guides/preventing-exposure-to-covid-19-in-the-workplace?lang=en>
- ViaSport BC - Return to Sport Guidelines
<https://www.viasport.ca/sport-specific-guidelines>



HAVE AN ICE DAY

Thank You For
Attending

